March 4, 2021

Dear Brownstones at Park Potomac HOA Homeowners:

The Board is planning to upgrade the Clubhouse fitness center with new equipment. Before doing so, the Board would like to get input from residents on which exercise equipment they would be most likely to use. Attached please find a short fitness center survey which we are asking all residents to complete. Your participation in completing this survey will help the Board to choose fitness equipment that meets our community’s needs.

Please complete this survey by March 30th and return it to:

Shireen Ambush, Property Manager
Abaris Realty, Inc.
7811 Montrose Road, Suite 110
Potomac, MD 20854
FAX: 301-468-0983
Email: sambush@abarisrealty.com

Thank you for taking the time to participate in this survey and for providing your input on the fitness center upgrade.

Sincerely,

Shireen Ambush, PCAM, CPM
Property Manager
BROWNSTONES AT PARK POTOMAC HOA
FITNESS CENTER SURVEY

NAME ______________________ ADDRESS ______________________

EMAIL ______________________

AGE ____(30-39) ____(40-49) ____(50-59) ____(60-69) ____(70-79) ____(80-89) ____(90+)

Approximately how many times a week do/did you use the fitness center?
____(1) ______(2) ______(3) ______(4) ______(5) ______(6) ______(7)

Time of day you used the Fitness Center.
____(6-8 a.m.) ______(8-10 a.m.) ______(10-12 p.m.) ______(12-2 p.m.) ______(2-4 p.m.)
____(4-6 p.m.) ______(6-8 p.m.) ______(8-10 p.m.)

Which type of equipment do/did you like to use? Please rank in order of priority:
1=highest priority; 4=lowest priority
____ Treadmill ______ Recumbent Bike ______ Elliptical ______ Weights

If the Board were to purchase new equipment, which would you use? Please rank in order of priority:
1=highest priority; 5=lowest priority
____ Spine Bike ______ Stairmaster Stepper ______ Rowing Machine
____ FTS Glide Functional System ______ Core Training Balls
(increases core strength, balance, Stability & coordination)

Any additional equipment you would suggest or thoughts on the Brownstones Fitness Center?
_________________________________________________________________________
_________________________________________________________________________

Please return your surveys to Shireen Ambush at Abaris Realty Inc. by March 30, 2021.
7811 Montrose Road, Potomac, MD 20854     FAX to: 301-468-0983     Email to:sambush@abarisrealty.com